

Moving beyond supportive measures Future orientation for setting and pursuing goals



T14 Examples

Analyses of goals

Report n1

Health E to K GOALS	Personal development Finish evening studies	family and friends family commitments and cultivate friendships	Free time	
e to	development Finish evening	family commitments and cultivate	Free time	
	Finish evening	family commitments and cultivate		
		family commitments and cultivate		
	studies	commitments and cultivate		
		commitments and cultivate		
		commitments and cultivate		
K GOALS		commitments and cultivate		
K GOALS		and cultivate		
K GOALS				
K GOALS		friendships		İ
K GOALS		<u> </u>		
ance Change	Change	Reach goal	Training	
			Education	
		Reach the goal		
				Search
				for
		Reach the		
		goal		
or				
	activities	activities context	activities context Reach the goal Reach the goal	activities context Reach the goal Reach the goal Reach the goal



Moving beyond supportive measures Future orientation for setting and pursuing goals



PERSONAL COMMITTMENT not specified											
GOAL 1											
GOAL 2											
GOAL 3											
TIMING not specified											
GOAL 1											
GOAL 2											
GOAL 3											
SUPPORTS											
		Person	ıal	Social	Environmen	tal	Instit	utional			
GOAL 1								Follow educator advice			
GOAL 2											
GOAL 3											
CHALLENGES AND BARRIERS											
Person		ıal	Social	Environmen	Environmental		Institutional				
GOAL 1											
GOAL 2	Family problems										
GOAL 3											