

Moving beyond supportive measures: Introduction. The role of courage on resilient clients



T04 Coding system sheet example N. 1 ANALYSES OF THE ANSWERS OF MS. AZA

	The protagonist	
Actions	Emotions	Thoughts
When Ms AZA.'s husband died		Ms AZA thinks
in 1991 in Afghanistan, she		everything is over,
was in a bad situation because		that is she's alone
she had two young children		and she hit rock
and she was alone.		bottom.
She stays in this way for		
almost a year, for six months		
she does not wash her face.		
Mrs. AZA loses her hair her		Ms AZA thinks it's
mother brings to her a mirror		really over
and she looks at herself and		
thinks she's really over.		
The mother tells her that she		
must be strong. After this,		
Ms. AZA begins to think about		
the future, she decides to		
finish school, to do this for		
her children, to see the people		
she knows, not to stay closed		
at home.		
	Afterwards she meets a friend	
	who works for Oxfam UK. She	
	tells her that she has to leave	
	the house and find a job. The	
	friend helps Ms AZA to find a	
	job after about a year. After	
	that, Ms. AZA begins to feel	
	that she has confidence in	
	herself again. When she comes	
	back to having something to do,	
	she feels to become stronger	
	every day with one purpose.	
	After that, Ms AZA also begins	
	to fight against what she	



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	considers to be a bad part of	
	Afghan culture.	
At the same time, I found		
myself fighting the culture of		
my own family. I said to		
myself that my being more		
courageous and stronger could		
be an example for other		
women.		

Other protagonists				
WHO THEY ARE	ACTION FOR SIGNED PROTAGONIST	ROLE		
Mother	She let her know that she hit rock bottom	Support		
	She tells her to be strong			
Oxfam Uk's friend	She tells her to leave the house and find a job	Model		
	She helps her to find a job			
Brother-in-law	He took her children away to force her to marry him	Persecutor		

Other people mentioned in the story				
WHO ACTIONS ROLE				

Where						
1st origi	level n/Italy	of /trar	analysis: nsition	Country	of	2nd level: specify the context
Afgh	nanistar	١				Family/social context

	When
1991	

Events sequence

- 1. Ms AZA.'s husband dies and she remains alone with two young children.
- 2. Ms AZA feels that "she is over" and she hit rock the bottom
- 3. Mother tells her that she must be strong
- 4. A friend tells her to leave the house and find a job and helps her to find a job after a year.
- 5. Ms AZA decides to leave the house, resume her studies and find a job by her own.



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- 6. Ms AZA regains self-confidence
- 7. Ms AZA fights against the evil Afghan culture
- 8. Ms AZA finds herself fighting against the culture of her own family.
- 9. Despite the harassment of her brother-in-law, Ms AZA becomes an example for women in her country.

	Moral					
What she faced	With the help of whom	Which strategies	What did she get			
A serious personal crisis.	Mother	Learning to make decisions for oneself	She achieves a stronger decision making, with more			
Gender discrimination	A friend		confidence in herself. She continues to fight for decision-making autonomy despite her family opposition.			

Moral

Fight to defend others and oneself from discrimination



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