

- **Language and intercultural communication**

Intellectual Output 3: PPT 5, course material unit 3.1

## ● 3.1 Learning goal

The participants understand the meaning and benefits of using methods and tools that support clients learning and understanding of career issues



# ● Article 2 – supporting immigrant clients learning about career opportunities

It is a challenge for most people to familiarise themselves with education and working life in today's society, but it is an even greater challenge for newly-arrived migrants who find themselves in a new societal context.

A Swedish study of counselling with newly-arrived students showed that the students' learning about career issues is at the centre of the conversations.



In comparison, it's not so easy if you come here and know nothing or haven't been to school in your home country. And then when I started learning Swedish, it's not so easy to study so quickly. But it takes time, I know. If I compare things in Sweden, it's very difficult to get a job. So if you go looking, they say "have you got an education?" or something like that. Life here is so weird. (she cries)

(Fatima in Sundelin, 2015)



# ● Migrant clients' possible learning challenges

Language challenges

Migration stress - post traumatic stress

Transformative learning (Illeris)

- Loss of belonging – change of identity
- Exhausting: involves both emotional and cognitive processes
- Limited opportunities to support from network/relatives

# "Career map" – Example Swedish background

Födelseregion  
Sverige

Yrkeskategori(er)  
All

Kön  
All

Ar  
2015  
 Show history



**Yrkeskategorier**

- Vård- och omsorgspersonal
- Yrke okänt
- Försäljare, detaljhandel; demonstr..
- Säljare, inköpare, mäklare m.fl.
- Ingenjörer och tekniker
- Företagsekonomer, marknadsföra..
- Byggnadshantverkare
- Byggnads- och anläggningsarbete..
- Övrig kontorspersonal
- Fordonsförare
- Dataspecialister
- Grundskollärare
- Förskollärare och fritidspedagoger
- Sjuksköterskor
- Chefer för mindre företag och enh..
- Redovisningsekonomer, administr..
- Drift- och verksamhetschefer
- Civilingenjörer, arkitekter m.fl.
- Chefer för särskilda funktioner
- Lager- och transportassistenter
- Gymnasielärare m.fl.
- Bokförings- och redovisningsassis..
- Montörer
- Maskin- och motorreparatörer
- Köks- och restaurangbiträden
- Administratörer i offentlig förvaltni..
- Städare m.fl.
- Storhushålls- och restaurangpers..
- Kundinformatörer
- Maskinoperatörer, metall- och min..
- Datatekniker och dataoperatörer
- Kontorssekreterare och dataregist..
- Maskinförare
- Journalister, konstnärer, skådesp..

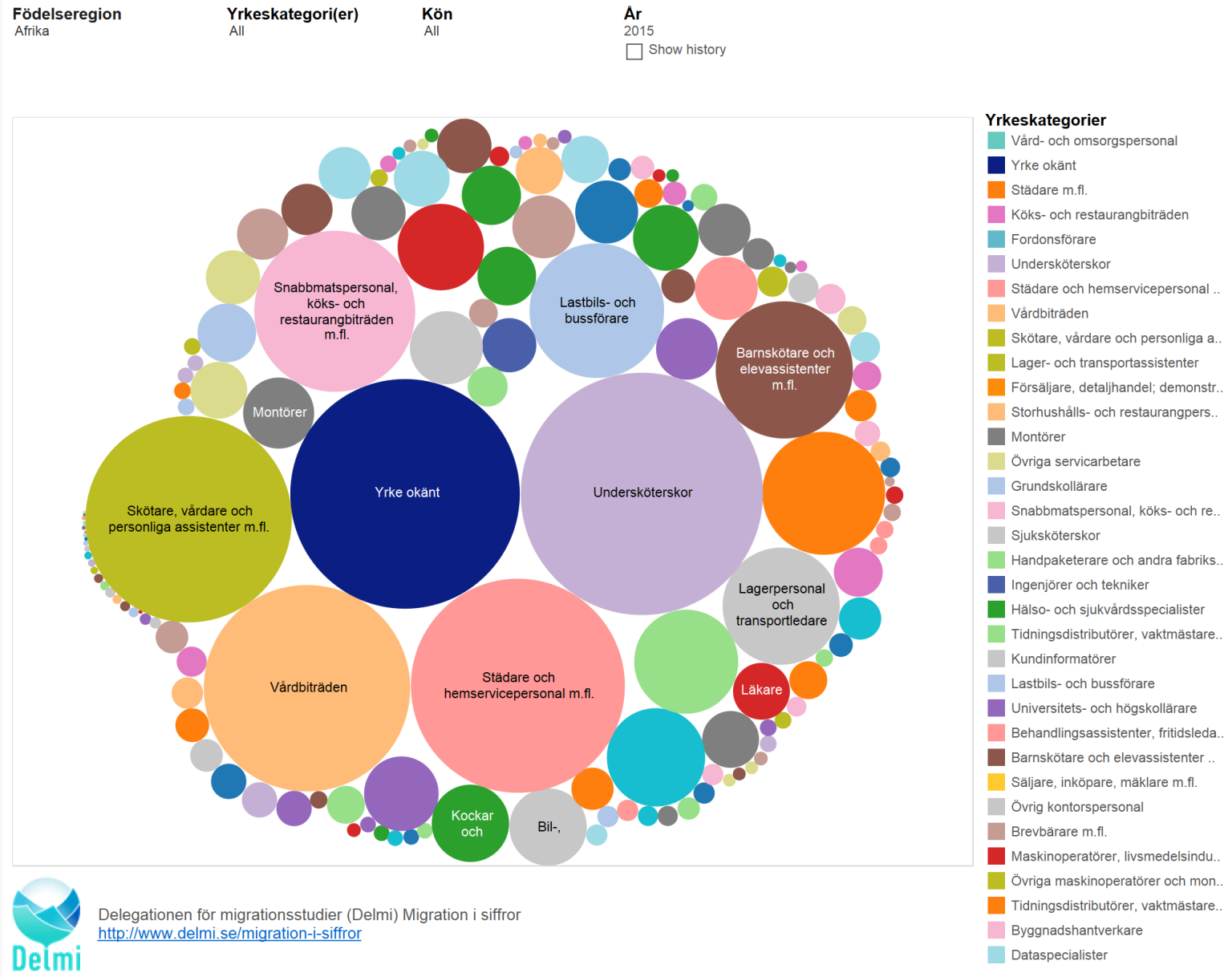


Delegationen för migrationsstudier (Delmi) Migration i siffror  
<http://www.delmi.se/migration-i-siffror>



cminar.eu

# "Career map" – Example African background



Delegationen för migrationsstudier (Delmi) Migration i siffror  
<http://www.delmi.se/migration-i-siffror>



cminar.eu



# ● **Basic communication tools that support learning (Summary, article 1)**

## Conversational support

- Communication skills: paraphrasing and summarising
- Linguistic breaks
- Meta communication about the counselling process.
- Language openness, for example switching between languages

## *Clearness*

- Clear language and adapted pace.
- Clarify and simplify choice situations.
- A clear framework regarding the CGC function
- Recurrent reconciliation of the client's understanding

Intellectual Output 3: Course material,  
Language and intercultural communication, PPT 4

# ● To support learning on career issues

*Creativity*

- Educating function:
- Ability to explain and describe complex systems.
- Ability to use visualizing and activating methods

*Time*

- Education – separate choice processes from learning processes
- Repetition

# ● "Learning challenges" in CGC conversations

The emotional and existential dimension of learning:

Learning about career issues implies not only cognitive understanding but is also connected to how individuals perceive themselves and their future opportunities

1. Career information as a threat to clients' identity:

Meta communication "you are not enough"

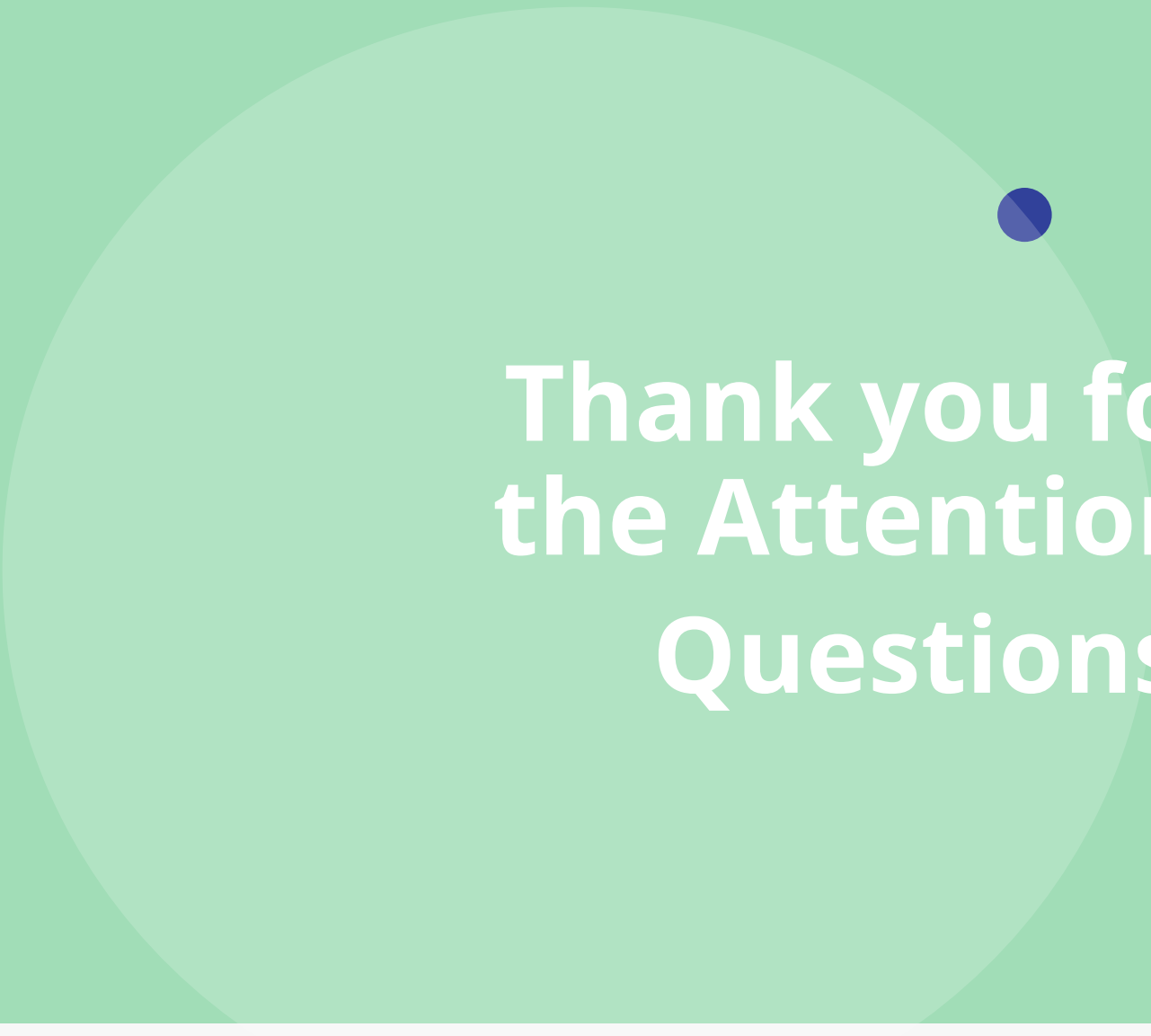
2. Clients' resistance towards information:

The information is too far from clients' position

# Solutions?



- Be aware of the existential and emotional aspects
- Highlight clients strengths and resources
- Separate decision-making from learning
  - in the counselling conversation
  - teach career issues - provide learning opportunities outside counselling conversations



**Thank you for  
the Attention.  
Questions?**