

## Appendix 2

### Tools and methods for activating clients and visualizing career information

**Workshop. Group activity. The methods below are suggested.**

#### 1. "Mita-method"

Ask the participants: "Which professions are you interested in?" Choose one of them e.g. engineer. The next step is to ask the participants "On a scale from 1 to 10, how much do you know about engineer education?" Ask them to stand on their number on a line in the room. Ask a person with a low number: "What do you know about the engineer education?" Write the answer on whiteboard/flip chart. Continue with people who have higher numbers. Listen and write on the whiteboard/flipchart. Go on and collect the answers step by step.

Alternatively you can ask "how much do you know about studying on a folk high school or other education opportunities".

**Reflection** in group on the method in relation to learning about career issues. How to improve the method?

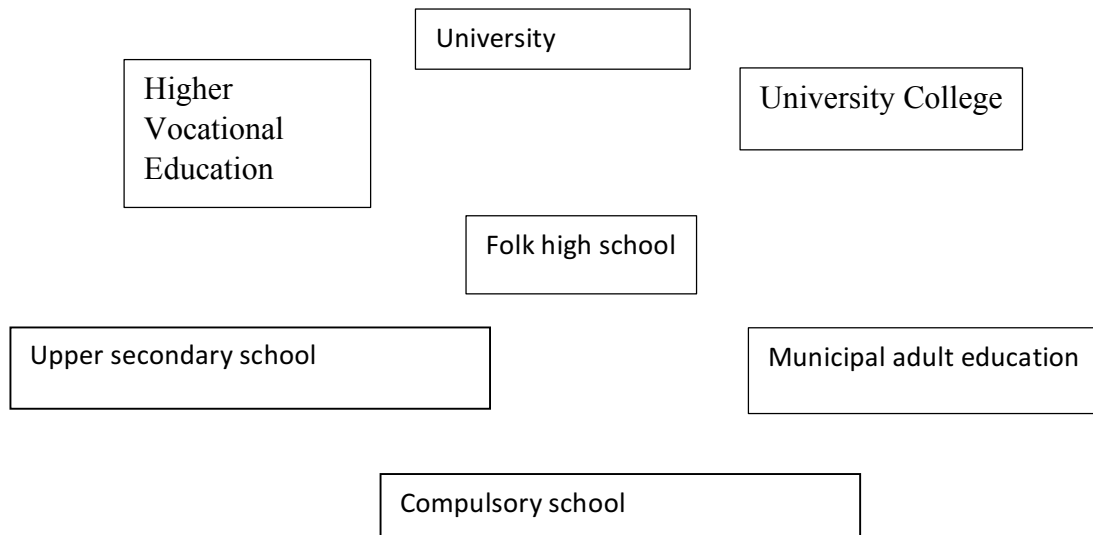
#### 2. "More than words"

Participants write individually: what is difficult to explain to migrant clients about career issues. In groups of four – Elaborate on how to explain with pictures, drawings, google etc. Each group presents their best idea.

**Reflections** in group on the method in relation to learning about career issues. How to improve the method?

### 3. "Örebro-method"

Course leader has prepared a map of the educational system in the country. Example Sweden



- a. You need vocational cards with professions that illustrate different educational level. Every participant gets some vocational cards. The task is to put the cards on the right part of the map. Ask the participant to tell what they know about the education. Write on the whiteboard/flipchart. Ask the group if someone has something to add.
- b. What is the next step? Suggest part two of the exercise.

**Reflection** in group on the method in relation to learning about career issues. How to improve the method?

**Individual summary:** I will try this next week...